



Nature & Outdoor Tour

DURATION	AVAILABILITY	DEPARTURES FROM
12 days	April - October	Sopot

Where the Wild Heart of Poland and Czechia Awaits

Embark on an immersive journey through **Poland's most breathtaking natural wonders**. From the shifting sand dunes of the Baltic coast to the soaring peaks of the Tatras, from serene national parks and forested valleys to glacial lakes and dramatic mountain trails – this tour is designed for those who seek more than sightseeing.

You'll hike through the **Jurassic cliffs of Ojcow**, raft down the **Dunajec River gorge**, and relax at an elegant lakeside castle resort. Along the way, discover traditional wooden architecture, UNESCO World Heritage Sites, and stories of iconic climbers like **Wanda Rutkiewicz**.

Whether you're savoring fresh mountain trout or standing atop Sniezka with panoramic views stretching across borders, nature is your constant companion.

This 12-day adventure **combines active exploration with comfort and culture**, inviting you to experience the rhythm of Poland's landscapes — shaped by nature, history, and the

people who live close to both.

The program's grand finale is a hike through the Adrspach Rock Town, one of Czechia's hidden gems.

PRICING

TOUR DATE	DOUBLE OCCUPANCY	SINGLE OCCUPANCY
3* hotels	4283 EUR / per person	5179 EUR / per person
4* hotels	4655 EUR / per person	5631 EUR / per person

This tour is organized for minimum 2pax. If you want to travel in a larger group, please contact us for a special deal! The order of visits may change. Accommodation in a triple room - upon availability. The tour is not recommended for people with disability.

Prices may vary due to currency exchange rate fluctuations. Current prices are always available at:
<https://www.staypoland.com/tour/260/nature-outdoor-tour>

INCLUDED IN PRICE

- Hotel accommodation in double occupancy, bed & breakfast
- Private car transportation per the itinerary
- All airport /train station transfers
- Private English speaking tour escort services per the itinerary
- Private guided walking tour of Gdansk-3hrs
- Private guided walking tour of Krakow-3hrs inc.visit to St.Mary's Basilica
- Entrance fees/guided visits per the itinerary

NOT INCLUDED IN PRICE

- flight tickets
- travel insurance
- gratuities for your tour escort, driver, local guides. They are optional but appreciated.
- other services not included in the program

ITINERARY

Day 1

Arrival & Seaside Stroll

Arrival in Gdansk and private transfer to Sopot, part of the Tri-City.

A Lovely Wander Along Europe's Longest Wooden Pier

Sopot, on Poland's Baltic Coast, with wide sandy beaches and the iconic wooden pier at its heart, is regarded as Poland's most fashionable resort. After time to refresh, enjoy a **guided tour of Sopot, including a leisurely walk along Europe's longest wooden pier**. For 200 years, Sopot and its pier have been inseparable. Looking out at the endless blue brings a profound sense of calm. Bonus fact: the iodine concentration at the end of the pier is twice as high as on land.

The remainder of the day is free.

Day 2

Dune Roaming

Few Baltic sites rival the natural splendor of **UNESCO-listed Slowinski National Park**, where seaside lakes, peat bogs, meadows, and forests meet epic sand dunes. This exquisitely wild, wind-sculpted landscape offers a **desert-like experience — the mobile dunes can reach up to 30 metres in height**. Accessing the most majestic views requires a bit of effort, though electric buses, car services, or bicycle rentals are available in town for less eager walkers. The park is a paradise for photographers. Interestingly, during WWII it served as a rocket-testing site and a training ground for the German Africa Corps.

In the afternoon, **explore nearby Gdansk**. This millennium-old city, one of the pearls of the Hanseatic League, is renowned for its cultural diversity, amber craftsmanship, and the Shipyard that helped change the course of history.

Day 3

Krakow Bound

Travel to **Krakow** by train. Upon arrival, a private transfer takes you to your hotel.

Bask in the Culture

In the afternoon, enjoy a **guided field trip through UNESCO-listed Krakow**. Discover Europe's largest medieval town square, whose layout has remained unchanged for nearly 700 years. Free time follows.

Day 4

Jurassic Landscapes

Just a short distance from Krakow lies one of Poland's most spectacular Jurassic landscapes: the **National Park of Ojcow**. Stretching across the Pradnik Valley, the reserve boasts **limestone cliffs, green forests, serene valleys, castle ruins, caves, and vineyards**. Highlights include Krakow's Gate, Hercules' Club, and Deotyma's Needle.

Explore the ruins of Ojcow Castle and the Renaissance gem Pieskowa Skala Castle, perched atop a cliff on the Eagles' Nests Trail. Visit Lokietek Cave, where legend has it a Polish king once sought refuge.

A delicious surprise awaits at the **Ojcow Trout Farm**. Established in 2014, this mother-daughter venture earned acclaim for their ethically bred brown trout. Their smoked and grilled fish, accompanied by wine from local vineyards, make for a gourmet reward. "Pstrag Ojcow" is now a certified traditional product of Lesser Poland.

Day 5

Rafting & Highlands

Today you'll reach the Dunajec River to enjoy a **traditional wooden raft journey**. Towering cliffs and limestone formations line this scenic gorge, offering an unforgettable experience.

Later, arrive in **Zakopane — Poland's most famous mountain town**, nestled at the foot of the Tatras, the country's only alpine range. Renowned for its wooden architecture and highlander heritage, Zakopane features landmarks like the Koliba Villa, Pod Jedlami Villa, and the Jaszczurowka Chapel. Cap off the day with a **ride up Mount Gubalowka by funicular** for a panoramic view of the Tatras.

Day 6

The Strazyska Valley Hike

Take a **scenic hike through the spruce-filled Strazyska Valley**. With the gentle sound of the Strazyski Stream and charming wooden bridges, the trail leads you to **Siklawica Waterfall and the towering Giewont massif** — a cultural and spiritual symbol for locals. The over 800-metre-high north wall of Giewont dominates the view. Time at leisure follows.

Day 7

Morskie Oko Hike

No visit to the Tatras is complete without seeing **Morskie Oko**, the range's largest lake. Located deep in the Rybi Potok Valley at the foot of the Mieguszowiecki Summit, the trail to Morskie Oko begins at Palenica Bialczanska.

En route, marvel at the **Mickiewicz Waterfalls**, formed in the Roztoka Creek and named after Adam Mickiewicz, Poland's greatest Romantic poet. This full-day hike is one of the most rewarding in the region.

Day 8

Arboretum & Church of Peace

Head toward southwestern Poland and begin your day immersed in the peaceful beauty of the **arboretum in Wojslawice**. Home to the European Tree of the Year 2024, this botanical garden enchants with blooming flowers, unique plants, and tranquil ponds.

Next, stop in Swidnica to visit the **Church of Peace — a UNESCO World Heritage Site** and powerful symbol of 17th-century religious tolerance. Its ornate interior is simply breathtaking.

You'll overnight in **Karpacz**, a resort town nestled at the foot of the Karkonosze (Giant Mountains), the highest granite range in the Sudetes. This area is known for its rugged terrain, glacial formations, and dramatic boulders.

Day 9

The Sudetes - Magical, Mystery Mountains

The heavily forested **Sudetes Mountains** stretch along the Czech-Polish border and into Germany. Though not as tall as the Tatras, they are steeped in natural wonders, hidden WWII secrets, castles, palaces, and legends.

Visit the wooden **Wang Church** (12th c.), brought from Norway and assembled without nails. Made of hard Norwegian pine and richly decorated with Nordic carvings, it is the only church of its kind in Poland. Originally built in Vang, Norway, it was relocated to Karpacz in the 19th century. Today, it stands as both a place of worship and an architectural marvel.

Hiking Sniezka - The "Queen of the Karkonosze"

Ascend Sniezka, the highest summit in this range, straddling the Czech border. Choose to hike from the base or take a chairlift halfway and continue on foot to the top, where a unique astronomical observatory and the wooden St. Lawrence Chapel await. On a clear day, the view is nothing short of majestic.

Day 10

Sokole Mountains - The Polish Rock-Climbing Mecca

Explore the **Sokole Mountains**, icons of the Rudawy Janowickie range and a paradise for climbers. The route along the historic Linden Alley leads to Krzyzna Gora. At its base lie the atmospheric ruins of **Sokolec Castle** and the enchanting mountain hut Szwajcarka. Inside are vintage photos and tributes to **Wanda Rutkiewicz** — the legendary Polish climber, first woman to scale K2 and third woman to summit Everest. It's a humble yet powerful site of memory for one of the world's great mountaineers.

Continue to **Sokolik**, the second-highest peak in the area, with a scenic viewpoint loved by local photographers.

Unwind with a **craft beer at a brewery in Miedzianka**, paired with views of three mountain ranges.

Day 11

The Spectacular Rock Labyrinths

We depart for the **Adrspach Rock Town in Czechia, one of the most magical sandstone areas in Central Europe.**

The main attractions of this place are its numerous and fascinatingly shaped rocks. Some of them form winding, narrow passages and even tunnels.

Here we find many scenic ravines and interesting viewpoints. Additional delights include emerald ponds, picturesque waterfalls, canyons, and the ruins of an old castle.

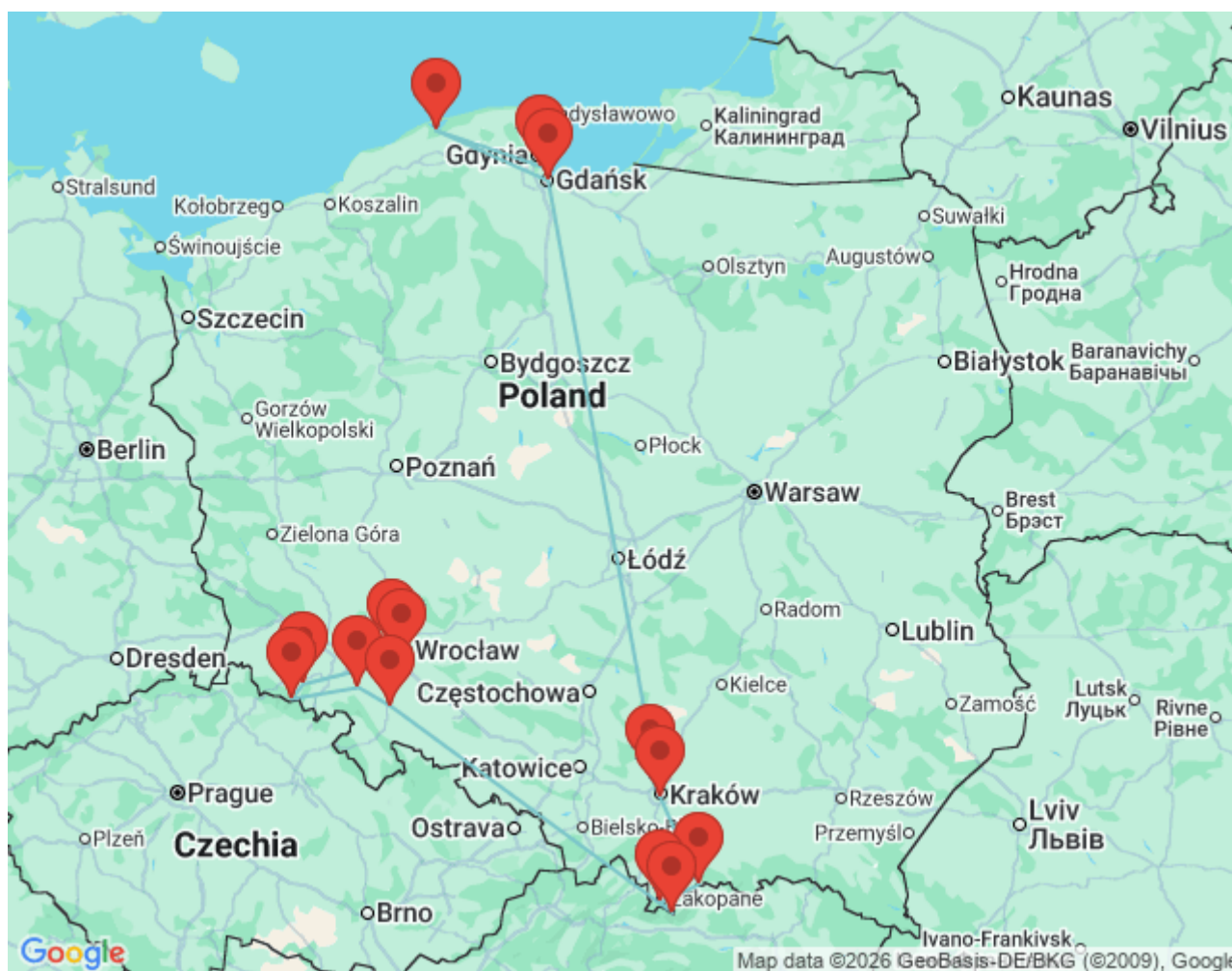
End the day at the **Topacz Castle & Art Spa** – a serene lakeside resort filled with history. A highlight is the on-site Automotive Museum, showcasing vintage vehicles.

Day 12

Departure from Wroclaw

Private transfer to Wrocław Airport for your departure flight (approx. 30 minutes).

If you wish to **extend your stay in Poland or explore other regions**, we will be happy to assist you with tailored post-tour arrangements. Private transfers to alternative destinations can also be arranged on request.



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<https://www.staypoland.com/tour/260/nature-outdoor-tour>

Prices and availability subject to change. Visit <https://www.staypoland.com/tour/260/nature-outdoor-tour> for current information.